

HELMETS

Get ready to be shocked. Vikings didn't really wear horned helmets. Most warriors protected their heads with bowl-shaped leather caps. Chieftains most likely wore helmets made of iron.

The only complete Viking helmet came from a 10th-century grave in southern Norway (specifically, Gjermundbu). It was made of iron plates welded together and had a visor that protected the eyes like goggles. Chain mail hung down the back to protect the neck.

