

How to Tell if Someone is Lying!

Watch their eyes! If they are making something up, they'll look to their right. If they're telling the truth, their eyes will look to their left. But beware...sometimes a liar won't look you in the eye at all!

They look hot! People who are lying tend to sweat, so they will get red in the face, fan themselves, or take off extra clothing to help cool themselves down.

They'll fidget! When someone is lying, they'll touch their nose, lips, cover their mouth, or scratch their face, head, or ears.

They'll move away! A liar might turn or lean away from you. They might also put an object between you and themselves (a table, chair, or cup).

They'll talk...a lot! A liar will often keep talking in order to convince you they are telling the truth. Sometimes, they'll keep repeating the question you asked them. Also, their story might keep changing as they try to remember the exact lie (or lies) they told you!

Watch their mouth! Liars tend to lick their lips while telling a whopper. This is because they are nervous and their mouths stop making saliva.