

Confundo

Pronunciation: con-FUN-doh

Purpose: Causes the victim to become confused and befuddled.

- 1) *Sit on a tabletop so that your legs dangle above the floor.*
- 2) *Now make clockwise circles in the air with your right foot.*
- 3) *Keep your foot going, and then draw the number 6 in the air with your right hand. Before you finish drawing the number, your foot will uncontrollably change direction! Whoa!*

Explanation

Our arms and legs are made to work together (think of your arms and legs swinging while you walk). It's not easy to override that natural tendency!

Walking and chewing gum is easy because the two tasks involve completely different sets of muscles and completely different motions. But try to coordinate *similar* muscle groups to make *dissimilar* motions? Yikes! *Confundo* happens.